

GUIDE DE TAILLE ELEVENATE

MEN

Body measurements in cm.

Size (cm)	S	M	L	XL	XXL
A. Body length	170-178	175-183	180-188	185-193	190-198
B. Chest	92,0	98,0	104,0	110,0	116,0
C. Waist	81,0	86,0	92,0	98,0	104,0
D. Seat	95,0	101,0	107,0	113,0	119,0
E. Inseam, to the floor	79,0	80,5	82,0	83,5	85,0
F. Sleeve length, from center back	82,0	84,5	87,0	89,5	92,0

Body measurements in inches.

Size (in)	S	M	L	XL	XXL
A. Body length	~5ft 8in.	~5ft 10in.	~6ft 1in.	~6ft 2in.	~6ft 4in.
B. Chest	36,2 in.	38,6 in.	40,9 in.	43,3 in.	45,7 in.
C. Waist	31,9 in.	33,9 in.	36,2 in.	38,6 in.	40,9 in.
D. Seat	37,4 in.	39,8 in.	42,1 in.	44,5 in.	46,9 in.
E. Inseam, to the floor	31,1 in.	31,7 in.	32,3 in.	32,9 in.	33,5 in.
F. Sleeve length, from center back	32,3 in.	33,3 in.	34,3 in.	35,2 in.	36,2 in.

WOMEN

Body measurements in cm.

Size (cm)	XS	S	M	L	XL
A. Body length	155-165	160-170	165-175	170-180	175-185
B. Chest	80,0	86,0	92,0	98,0	104,0
C. Waist	66,0	71,0	76,0	82,0	88,0
D. Seat	88,0	94,0	100,0	106,0	112,0
E. Inseam, to the floor	76,0	77,5	79,0	80,5	82,0
F. Sleeve length, from center back	74,0	76,5	79,0	81,5	84,0

Body measurements in inches.

Size (in)	XS	S	M	L	XL
A. Body length	~5ft 3in.	~5ft 5in.	~5ft 7 in.	5ft 9in.	~5ft 11in.
B. Chest	31,5 in.	33,9 in.	36,2 in.	38,6 in.	40,9 in.
C. Waist	26 in.	28 in.	29,9 in.	32,3 in.	34,6 in.
D. Seat	34,6 in.	37 in.	39,4 in.	41,7 in.	44,1 in.
E. Inseam, to the floor	29,9 in.	30,5 in.	31,1 in.	31,7 in.	32,3 in.
F. Sleeve length, from center back	29,1 in.	30,1 in.	31,1 in.	32,1 in.	33,1 in.

How to measure

Height

Measure your height without shoes.

Chest

Measure around your chest/bust, holding the tape measure under your armpit.

Waist

Measure around your natural waistline, approx. 20 cm above hips.

Seat

Measure around the fullest point of your hips while standing.

Inseam

From a standing position measure from your crotch to the floor.

Sleeve

With arm relaxed at your side and slightly bent, measure from center back neck, over point of shoulder, down the outside of the arm to the wrist.

